

# MONTHLY GOAL TRACKER

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

GOAL

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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*“Do something TODAY  
your future self will  
THANK YOU FOR”*